

Top Tips for Safe Health Care

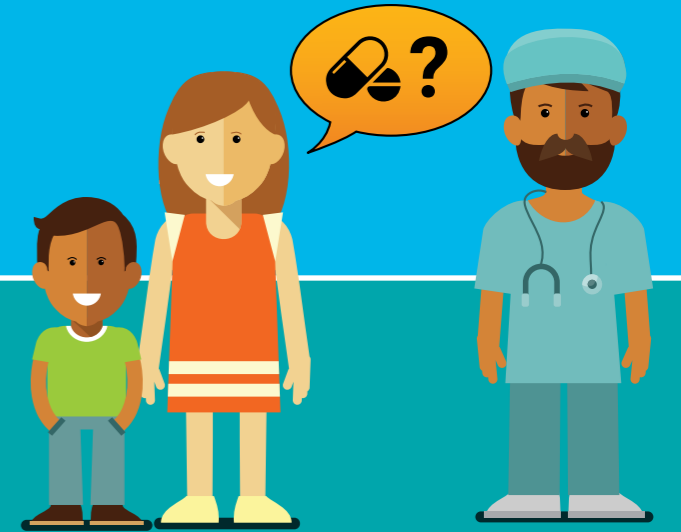


What you need to know for yourself, your family or someone you care for.

1

Ask questions

You have the right to ask questions about your care.



2

Find good information

Not all information is reliable. Ask your doctor for guidance.

3

Understand the risks and benefits

Find out about your tests and treatments before they happen.

4

List all your medicines

Ask your doctor or pharmacist if you need more information about the medicines you are taking.



5

Confirm details of your operation beforehand

Ask to be told who will be doing your procedure and what will happen to you.

6

Ask about your care after leaving hospital

Ask for a written outline of your treatment and what should happen after you get home.

7

Know your rights

You have a number of rights as a patient. Read our guide to find out what they are.

8

Understand privacy

Your medical information is confidential. You can ask to see your medical record.

9

Give feedback

Feedback helps health professionals spot when improvements can be made.

Download our free booklet at:
www.safetyandquality.gov.au/toptips